

The Princeton Review recently ranked Hendrix #13 for "Best Athletic Facilities."

## Perfect fit[ness]

Get the latest on all the Warriors action! You can find schedules, results, rosters, coaches' contact information, and more at [www.HendrixWarriors.com](http://www.HendrixWarriors.com)



Hendrix athletics and wellness programs meet the needs of every member of our active campus community, from student-athletes whose teams compete in one of the country's top NCAA Division III conferences to those who just want to stay in shape and have fun doing it.

- While at Hendrix, nearly a fourth of our students participate in intercollegiate athletics through membership in one of our 19 men's and women's NCAA Division III teams.
- More than 75 percent of our students participate in intramural programs, club sports, outdoor recreation, or fitness and wellness programs.

### Think on your feet

Physical health and fitness are central to the development of the "whole person" that Hendrix values so highly. In fact, we place such great value on a leadership level of participation in intercollegiate athletics that it is among the options that satisfy the Odyssey graduation requirement in the area of Professional and Leadership Development.

(Complete information about this option is available from the Hendrix Odyssey Office.)



### Sports Organizations and Programs

### Recreation and Wellness

The Office of Recreation and Wellness provides students, faculty, and staff with programs and facilities that offer vigorous, fun-filled, health-promoting physical activity conducive to wellness and personal development. Programs provided through the Office of Recreation and Wellness include Informal Recreation and Intramural Sports. Its staff also provides expertise that helps you to take advantage of Arkansas – known as the Natural State because of its abundance of natural resources.

#### Informal Recreation

Offers a variety of recreational choices to the entire campus community, including aerobics, basketball, indoor cycling, jogging, swimming, tennis, weightlifting, and yoga.

#### Student Athletic Advisory Committee (SAAC)

Provides a communications link between athletes and the athletic administration, encourages community spirit among teams, and promotes and supports Hendrix athletics.

The SAAC also provides student-athletes with leadership opportunities such as attending the NCAA Regional Leadership Conference.

#### Athletic Training

Provides all student-athletes with high quality sports medicine care and treatment and provides information and education services to help athletes prevent injuries.

#### Cheerleading

The Hendrix Cheerleaders are the nucleus of Warrior spirit and support. They cheer and perform at all home men's and women's basketball games.

#### Dance Team

The Warrior Dance Team entertains supporters during home basketball games. Tryouts are open to all students.

#### Fellowship of Christian Athletes (FCA)

Membership is open to all Hendrix students. Non-denominational in nature, FCA conducts periodic "huddle" groups, Bible studies, and other outreach activities.

#### Warrior Booster Club

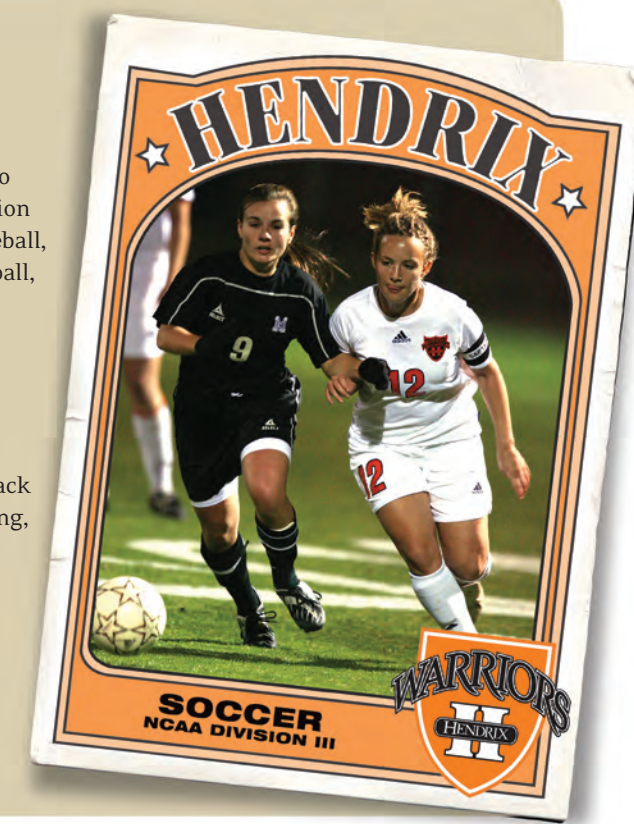
The Club's main function is to assist all of Hendrix's 19 intercollegiate sports. Membership is open to all – alumni, parents, faculty, and friends. The Booster Club annually sponsors a back-to-school fish fry for all student-athletes, the Warrior Sports Hall of Honor weekend, and the Warrior Booster Club golf tournament. Members also help with the recruitment of potential student-athletes and volunteers.

#### Intramurals

Allow students, faculty, and staff to team up for recreational competition in sports such as basketball, dodgeball, flag football, kickball, sand volleyball, soccer, softball, and volleyball.

#### Outdoor Activities and Recreation

You can take off on outdoor adventures from camping, horseback riding, and skeet shooting to biking, rock climbing, and canoeing. Camping and backpacking equipment is available for student use at no charge. Canoes, kayaks, and mountain bikes are available for only \$5 a day.







## Welcome to the WAC!

Our 100,000-square-foot, \$23 million Wellness and Athletics Center (affectionately known as the WAC) is the hub of all Hendrix athletics, fitness and wellness programs, and intramural sports.

### THE WAC'S RESOURCES INCLUDE:

- an aquatics center with an 8-lane competitive swimming pool (with a high-tech "rim flow" system that decreases wave activity and creates a faster swim environment), a diving pool, a sun porch, and a retractable roof
- a competition gymnasium for basketball and volleyball with theatre-style seating for 1,100 spectators
- a 3-lane indoor track
- a recreation gymnasium with two full courts for intramurals and a variety of activity classes
- a 26-foot-high climbing wall with a 46-foot base that can accommodate 8 climbers at a time
- a state-of-the-art fitness center with treadmills, elliptical trainers, and upright and recumbent bicycles, as well as free weights and other strength training equipment
- a movement studio for dance and group exercise classes
- a sand volleyball court

## There's more!

### HENDRIX HAS ALSO:

- constructed new lighted soccer, baseball, and softball fields
- created an 8-lane track with an artificial turf playing field in the center
- added two new varsity sports: women's field hockey and men's lacrosse

### COMING SOON:

- new tennis facility
- two new varsity sports: football and women's lacrosse



## Hendrix at a Glance

**COLLEGE:** Four-year, private, residential, coeducational college of liberal arts founded in 1876 and affiliated with the United Methodist Church; Phi Beta Kappa chapter

**LOCATION:** Conway, AR, suburban city of 57,500; 30 minutes from Little Rock (metro. pop.: 650,000)

**STUDENTS:** 1,463 from 42 states and 13 countries; 14 percent minority enrollment

**ACADEMIC PROFILE, CLASS OF '14:** 52 percent in top 10th of high school class, 81 percent in top quarter; midrange scores: 1170-1360 SAT and 27-32 ACT, and 3.57-4.26 GPA

**FACULTY:** 102 full-time, 95 percent with Ph.D. or terminal degree

**STUDENT/FACULTY RATIO:** 13:1

**AVERAGE CLASS SIZE:** 19

**MAJORS:** 33 undergraduate majors, 32 minors; M.A. in accounting

**CLUBS & ORGANIZATIONS:** 70+

**POST GRADUATE:** Approximately one-third enroll in graduate school in the first year after graduation. Those who immediately seek employment report finding a job within six months of graduation.

**FACILITIES:** Art complex, life sciences center, physical sciences center, chapel, auditorium, theatre, wellness and athletics center, and new student life and technology center

**RESIDENCE OPTIONS:** Co-ed and single sex; six traditional residence halls, five residence houses, three theme houses, and five apartment complexes (more than 85 percent of students live in college-owned housing)

**COMPREHENSIVE FEE, 2010-11:** \$41,126 (includes tuition, room, board, and mandatory fees)

**FINANCIAL AID:** 100 percent of students receive some form of achievement-based and/or need-based state, federal, or institutional assistance; \$24,430 average award for 2010-2011

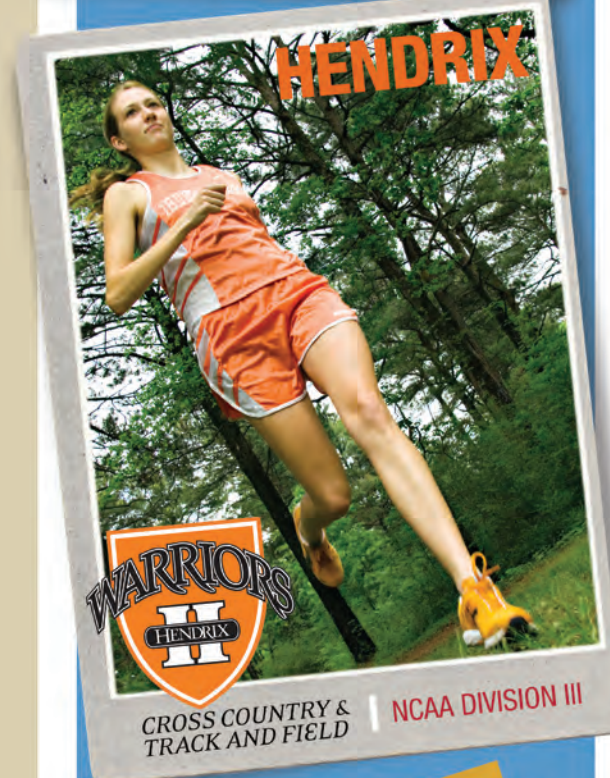
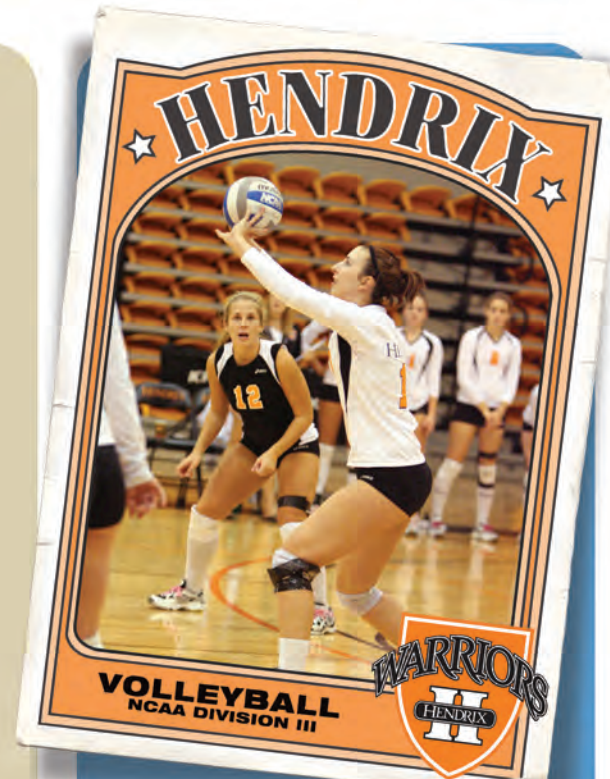


# HENDRIX

### OFFICE OF ADMISSION

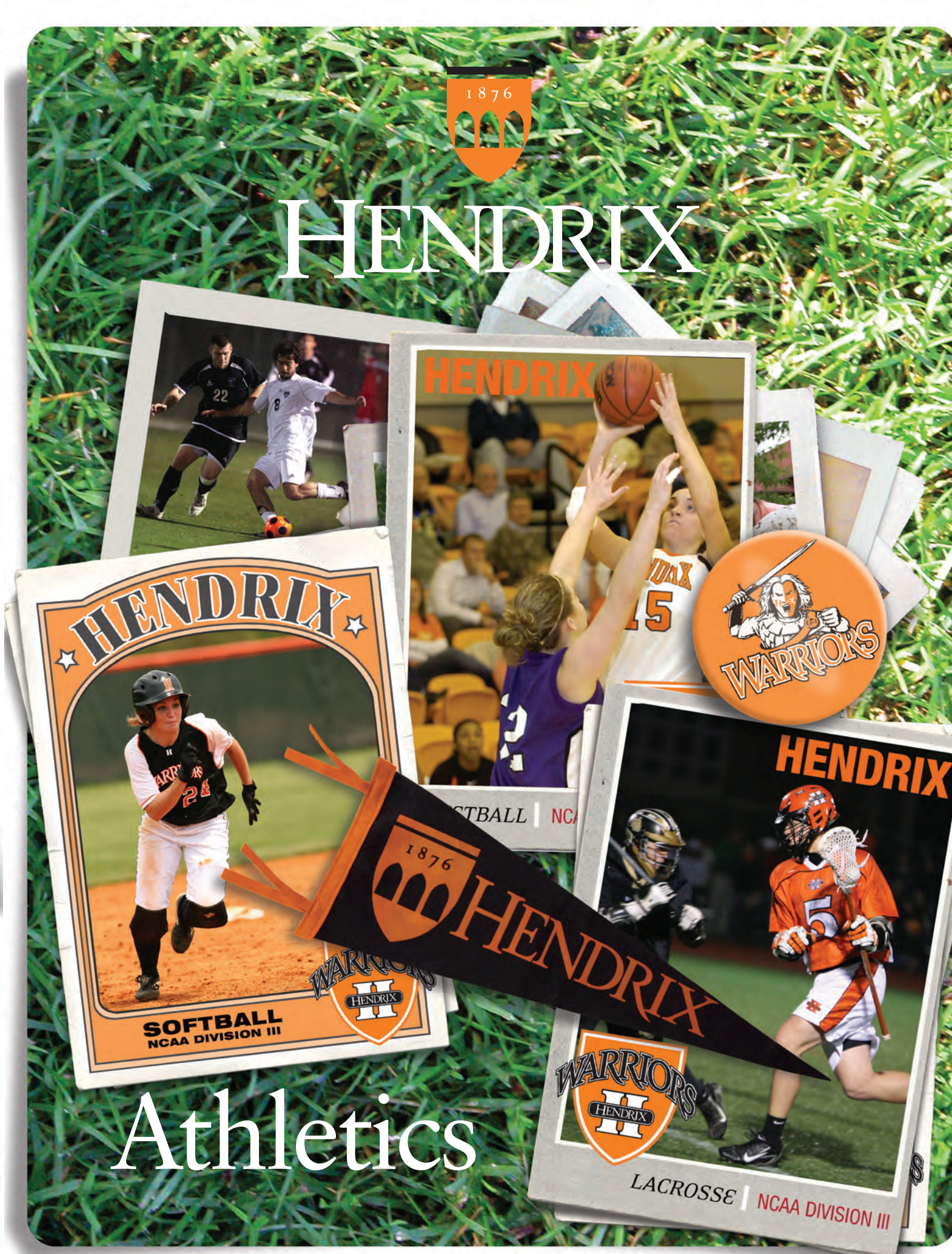
1600 Washington Ave.  
Conway, Arkansas 72032-3080  
800-277-9017 • 501-450-1362  
adm@hendrix.edu • www.hendrix.edu

Hendrix adheres to the principle of equal educational and employment opportunity without regard to age, race, gender, disability, sexual orientation, or national origin. Further, the College is committed to the maintenance of an atmosphere of civility and respect for all students, faculty, and staff.



## Mind Games

The average grade point for all Hendrix student-athletes in 2009-10 was 3.21, and 183 student-athletes were named to the SCAC Academic Honor Roll. Eighteen of 19 intercollegiate teams posted a cumulative team grade point average of 3.0 or better.



# Athletics